26 Dunraven Ave.,

St. Catharines, On., L2M 6A7.

Dec.10/04

## Dear Friends in faraway places:

I have just received the look from my dear wife who is incidentally 81 years old to-day and yes, I remembered to get her a birthday card. She asked if I was going to do up a letter to my friends and spouses so to stay on her good side, I will try to put something together.

Marnie has been having some problems with her sugar these days. She has type 2 Diabetes and is trying to control it by watching what she eats and drinks. Her legs and feet have been giving her trouble so we are being looked after by a podiatrist about every six weeks. I am feeling reasonably well for my age at present although there are many things that I cannot do any more so they just get left undone. We are not travelling very far these days but we are in our own house and we are together and we are not in debt so that is about as good as it gets. We hear from our children, our grand children and our great grand children regularly which we are thankful for and if we really need something done, they look after it for us.

The weather has been unusually mild here this fall with only a very light dusting of snow about a week ago. We have had quite a bit of rain off and on but at least you don't have to shovel it. I have my snow blower tuned up just in case we get dumped on. My brother Ross next door is seven years younger than me. He keeps his eyes on things and helps us out occasionally but has had his problems with cancerous growths about his head from working outdoors without his head covered.

We are not sending cards like we used to so if you hear from us, be happy because we have wonderful memories of you all. Merry Christmas and a healthy New Year to everyone.

Marnie & Ivan Chamberlain