

MARITIME COMMAND (PACIFIC) LOOKOUT

Second Class Mail Registration No. 2285

Vol. 17

Thursday, January 13th, 1972

No. 1

Provider Replenishes Red Cross



Berbeck gave so that others may live; Admiral Leir received so that more would give. Twelve years and almost 14 gallons later, M/Cpl (S) R. Berbeck is seen with nurse Gloria Hegedus, Rear Admiral Leir and Nurse Sharon Anderson.
(Photo by Cpl. L. Fallan)

On Friday, January 7th, HM-CS Provider closed up replenishment stations with more enthusiasm than ever before.

The receiver this time was the Red Cross Blood Donor's Clinic. At the outset, it was obvious this was to be no ordinary blood letting occasion, for in attendance was a bevy of the prettiest nurses ever. If apprehension existed, the Naden Band—led by MWO Bootsman—was on hand to pacify the frayed nerves of the more cowardly volunteers. Rear Admiral Leir lent his support to the cause by off-

ering words of encouragement to the first donor, M/Cpl R. Berbeck. The Admiral was overheard to say, "All right, my son, bleed." Cpl Berbeck is not new to Lookout readers. Last year he graced our pages when he donated his 50th pint. At this replenishment he reached his 55th pint—13¾ gals. That's a lot of lives saved. His donations may have helped surgeons perform 3 successful heart operations. Cpl Berbeck resides at 214 Zealous Crescent with his wife Lorna and 3 daughters, Amanda Catherine and Sandra.



The Naden Band under the direction of MWO Bootsman soothed the nerves of a few cowardly volunteers. Keep your eyes on the music Sergeant!
(Photo by Cpl. L. Fallan)

Police Recruits Graduate

With the kind permission of the Base Commander, CFB Esquimalt provided facilities to train 11 constable recruits of the National Harbours Board Police Department, Port of Vancouver from November 8th to December 17th, 1971. This was the second phase of an extensive recruit training programme which included instructions in law enforcement theory, use of small arms, defensive driving, physical training, foot drill and unarmed combat; all of which is necessary for today's professional police officer.

The course was directed by Staff Inspector E.L. Martin, N.H.B.P., Ottawa, who was assisted by Sgt. D.R. Zelmer, N.H.B.P., Vancouver.

In the opinion of the Harbours Board Police, the training received by these men, who lived on the Base, was most beneficial and they wish to thank all CFB personnel who made the course possible.



Seated front row — left to right — Superintendent T. Ciunyk, Director-General D.N. Cassidy, Staff-Inspector E.L. Martin. Standing, Second row — left to right—Sgt D.R. Zelmer, Constables C.L. Beaulieu, R.A. Brookes, W.K. Forrest, A.R. Hammersmark, D.R. Hill, G.R. Boyer. Standing — back row — left to right — Constables J.H. Coventry, G.B. Phillipson, J.T. Taylor, WKG Molberg, G.N. Hardy.
(D.N.D. Photo)

This unique clinic will be held annually on board HMCS Provider. A shield will be presented to the ship's company that bleeds the most per capita. Captain (N) M.A. Martin CANCOM-DESRON 2 and his staff were instrumental in organizing the clinic, and as usual Provider provided. The affair was a tremendous success as a total of 372 pints were banked, exceeding by 147 the Red Cross quota of 225 pints. The shield was won by HMCS Provider with a donation of 66 pints (43.7% of the total ships company donated). HMCS Gatineau was 2nd with 57 pints (32.4% of her ships company) and HMCS Terra Nova came third with 48 pints (26.9%). Congratulations Provider, well done all.

The amazing part of the blood bank is, you don't require an account to make a withdrawal, and at the same time you don't need an account number to make a deposit. It is the aim of the Red Cross that NO ONE IN CANADA NEED DIE FOR WANT OF BLOOD. When it comes your turn lie down and bleed freely; it may save your life. Secure Replenishment Stations.

EDITORIAL



When I joined the Lookout Staff 3 months ago, I knew nothing about putting out a newspaper. The transition from a fueling Bosun in Provider to a reading and writing Bosun on the Lookout was drastic. Under the watchful eye and patient guidance of WO Pinard, I made the transition and I am confident I can carry on and get the job done. Thanks Bert, for all your help. I'm sure our readers will agree that you've done an excellent job in your two years with the Lookout. I wish you the very best of luck and smooth sailing in Mackenzie.

For the past few months numerous changes and improvements for the Lookout have been considered. Some of these are: the addition of new and helpful columns, such as a legal column from the Judge Advocate Gen-

eral's office to answer questions submitted by our readers on various legal matters; a medical column from the Base Surgeon's office to answer questions of a medical nature; a "seen-in-passing" type column (with mugshot included. This one should be good and we've been promised additional staff to do the "seeing and passing"); a larger paper put out weekly; and, more classified ads. Can you think of any more?

I intend to implement some of these changes in the near future. What I need now is your support and involvement. When I say involvement, I mean the civilian part of the Maritime Command as well as the military. When I say support, I mean, criticize us if you think we're wrong. Praise us when we do well. Write in and express your opinions. Ask questions. Remember—this paper is YOUR sounding board; don't hesitate to use it. We'll try our best (when space permits) to answer all questions and letters (no anonymous letters please).



WE GET LETTERS

To the people of Belmont Park:

On December 15th my husband and I spent an enjoyable two hours watching our daughter and her friends perform in their Annual Christmas Concert. Some of the items on the program were original, corny, but fun. We thought the children and the teachers deserved a lot of credit.

The parents were quite another story. The gym was packed at the beginning of the evening but by two-thirds of the way seats were empty. I have never seen such a show of rudeness and thoughtlessness. Most people will give the phoney excuse that they were taking the little ones home. Once a year even little ones should be able to stay up until nine o'clock.

It is very hard to hear youngsters in a crowded room but trying to hear while men and women moved up and down the aisles, pushing chairs, etc., was almost impossible. At one point so many people got up to leave we thought they were having intermission so my husband got up to get a coffee.

Do the parents living in Belmont Park have such weak kidneys or are they so dependent on their TV's that they can't sit for a two-hour period once a year to watch ALL the children perform (not just their own) rather than walking out in the middle of their program.

We complain about the lack of entertainment in Belmont Park but it is very obvious that it is the grown-ups that have the lack of interest. I think it is time we all grew up a little and gave our children something to be proud of, and I'm sure there were other parents who share my feelings.

RUTH I. ROY.

Right on Mrs. Roy. Yours is not the first complaint on this subject. Bravo Zulu. ED.

Dear Group Captain, Sir:

I realize this will not affect the outcome of my courtmartial, but I wish to explain the circumstances leading to my unauthorized request of December 20, '71.

I agree that my behaviour was not in accordance with regulations: however, I deny charges of consorting with the enemy. The fact that he wears a red suit does not mean that he's on their side.

My request was submitted in good faith; I truly felt we were in need of the land-air devices Mr. Claus employs. What with fires and re-fits. God knows we need SOMETHING to help defend our shores against the vast communist hordes. How was I to know "reindeer" is a top-secret code name for a project of our own?

I felt that these mechanisms, although presenting problems from a supply angle, would prove to have important military applications. They wouldn't even need a flight deck to land. Of course, BECO would have to conquer the exhaust in order to satisfy the pollution fanatics; I understand these early models produce quite a bit of exhaust.

Anyway, sir, I had the best interests of the Canadian Armed Forces at heart and was not attempting to undermine the morale of the Air element. I'm sure the air types would successfully adapt to the new terminology. "On, Dasher! On Dancer!" may not have quite the dignity of "Pilot to control tower" but it does have a certain ring to it.

SPARKY.



U.S.N. Hydrofoil Plainview



The United States Navy Hydrofoil Plainview (AGEH-1) commanded by Lt. W.J. Erickson, U.S.N., arrived at the Esquimalt Naval Base on Thursday, December 9th for a four day port visit. It was the first visit of the world's largest hydrofoil to a Canadian port. Plainview is an experimental ship, and conducted technical trials off Victoria. Plainview returned to its home port, Bremerton, Wash., on Dec. 13th.

Built by the Lockheed Shipbuilding and Construction Company, Seattle, Washington, and delivered to the U.S. Navy on March 1st, 1969, Plainview was constructed to demonstrate as a test vehicle, the potential of large hydrofoil craft in unrestricted operations in high sea states. Results are being used in planning the designs of future hydrofoils. She is currently being evaluated by the U.S. Naval Ship Research and Development Center under the auspices of the Naval Ship Systems Command.

Plainview measures 212 feet in length, 40 feet in beam, and has a full load displacement of 320 tons. Using an intricate system of gears and shafts, Plainview's two 14,500 horsepower jet engines operate two specially made titanium propellers, driving the vessel at speeds in excess of 40 knots. These propellers are positioned on pods located at the bottom of the two forward stilt-like struts. Projecting from the pods are Plainviews foils or "wings". A third strut and foil at the stern serve as rudder and stabilizer.

When the ship attains a particular speed determined by the foil system and automatic pilot, the lift generated by the foils overcomes the weight of the vessel and lifts the hull clear of the water. In this manner, the craft literally "flies" (becomes foilborne) through the water on its underwater "wings" (foils). These foils have a span of 26 feet. Plainview utilizes a submerged-foil system with full incid-

ence (angle) control rather than a surface-piercing foil system. With this system, the lifting surface of the foil is submerged below the water surface. Thus, the limitations of surface-piercing foils which can operate only in relatively calm waters and skid somewhat like a hydroplane during sharp, high-speed turns are eliminated, and Plainview can achieve a smoother ride and experience less interference from the waves.

When the foils are raised the ship is driven by two 500 horsepower diesel engines which provide power to two large outboard type propeller units. The units

swivel much like an outboard motor to provide steering control.

Plainview has height sensors at either side of the bow along with roll and pitch gyros and accelerometers. Their information is used by the automatic pilot to position the vessel above the surface of the water. The pilot house, with its dials and instrument panels resemble the cockpit of an airplane more than the bridge of a ship. The ship's crew has 21 enlisted men and 4 officers.



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Managing Editor SGT. (S) H. Parsons

Advertising Manager M/CPL (S) K. Freeman

All correspondence or queries should be addressed to:
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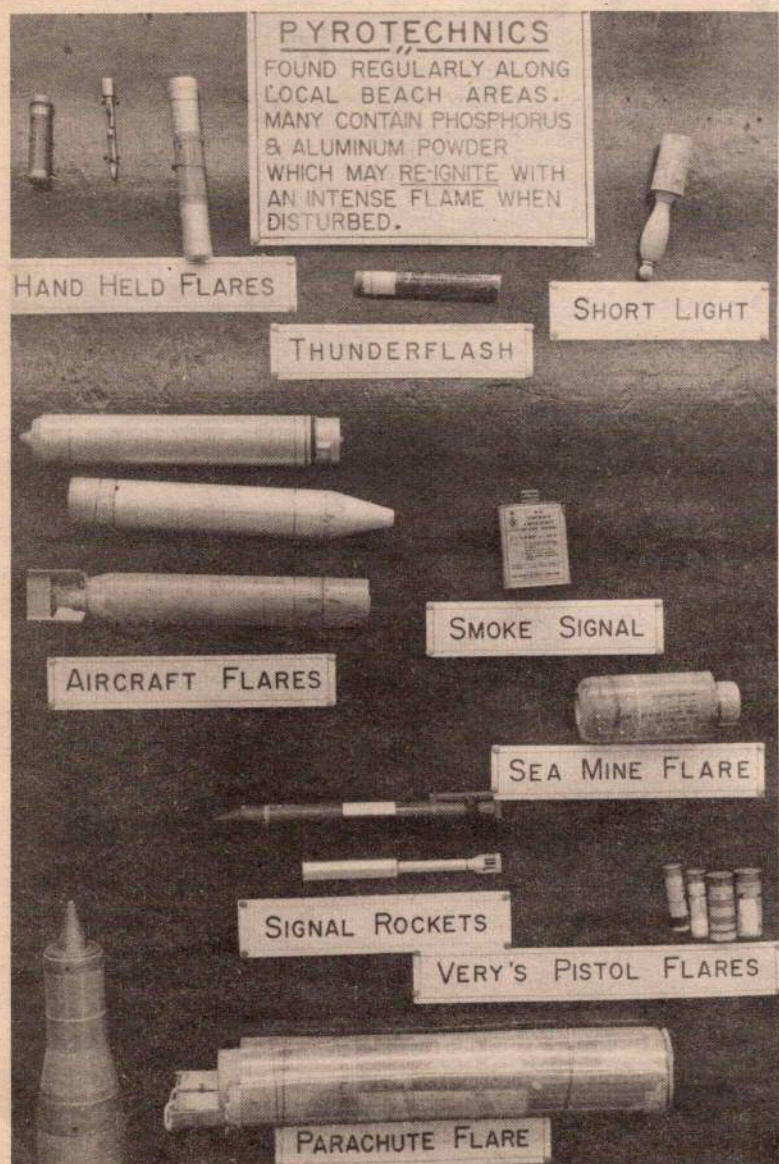
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The editor Reserves the right to reject any editorial or advertising material.

NEXT ISSUE — JANUARY 27th, 1972

DEADLINE — JANUARY 19th, 1972

Explosive Recognition



This picture is the second in the current series of pictures pertaining to explosive safety. Pyrotechnics of all types are perhaps the most common and consequently the most dangerous items to be found in this area.

Due to the locality, marine flares and markers are commonly found along the many beaches. The condition of these devices may be such that when disturbed they may re-ignite,

or discharge a parachute flare causing bodily harm. For example, in early 1971 a young boy in the Vancouver area picked up an apparently discharged pyrotechnic off a beach. It re-ignited as he was carrying it and caused extensive damage to his right calf muscle.

If found, do not disturb in any way and notify the nearest authority for disposal.



C.A.F. Unemployment Ins. Coverage

Additional information to "Guide To The New Unemployment Insurance — Information For Employees".

COVERAGE — All members of the Canadian Armed Forces will begin contributing to unemployment insurance on January 1st, 1972. Members of the reserve force will be excluded unless they are serving on continuous duty or for a period of special duty in excess of 30 days.

PREMIUMS — You, as a member of the Canadian Armed Forces, will contribute at the reduced rate of 40% of the full rate of 36 cents per \$100 of weekly insured earnings. Weekly earnings in excess of \$150 will not be insurable, therefore your maximum contribution on the first \$150 of your weekly salary will be 54 cents or a total of approximately \$28 a year. These reduced rates will increase yearly until 1975 when you will contribute at the full rate. Contributions are tax deductible.

ELIGIBILITY FOR BENEFITS — If you are unable to find employment when you leave the armed forces you may be eligible for unemployment insurance benefits providing the usual qualifying conditions are met.

Pensions from military service will not affect eligibility for normal unemployment insurance. Severance pay received on

termination of service will defer eligibility for benefit until it has been exhausted on the basis of normal earnings. Example: if your normal weekly earnings are \$160 and severance pay \$1,300 then your eligibility for unemployment will be deferred by \$1,300/\$160 or 8 weeks. There is no entitlement to unemployment insurance benefits during a period of rehabilitation leave.

If you are discharged for medical reasons and are incapable of working you may establish a claim for unemployment insurance sickness benefits. In the event of pregnancy you may also be entitled to unemployment insurance benefits.

SEPARATION CERTIFICATE — When you leave the armed forces you will receive a separation certificate from your pay office. This certificate is a statement of your normal earnings and must accompany your claim for unemployment insurance. It is, therefore, a valuable document and should be safeguarded accordingly.

Further information and claim forms may be obtained from the Regional Office:

Unemployment Insurance Office
880 Douglas Street,
Victoria, B.C.
Phone 388-3321

JOB HELP FOR THE ASKING

OTTAWA (CFP)—Starting to get anxious about retirement? Not only has time a way of creeping up on us, but the recent unemployment statistics make everyone uneasy.

Common sense tells us that more than ever a change involving the outside world needs careful planning and a good deal of preparation.

Fine. But how do you start, and who can help?

One person ready to help is the Base Personnel Selection Officer, or the Personnel Education Officer responsible for the Civilian Employment Assistance Program.

Briefly, here are some of the ways they can help you:

No matter how tentative, it's a good idea to test your retirement plans by talking them over with someone who can afford to be objective. Economic conditions may make your plans risky or unrealistic.

Help is available in translating your military skills and experience into words which a civilian employer understands. Sometimes this is the major hurdle in stepping out into the outside world.

Vocational guidance tests are available for those wishing to make a clean break with the past.

Help in the preparation and arranging of printing of a career resume will be done for you.

If you are interested in academic upgrading, or attempting occupational re-training, talk it over with the Base Personnel Selection Officer of the Personnel Education Officer.

Canada Manpower is the largest employment service in the country. The BPSO can lock you into this organization at the most critical time of your job campaign.

Servicemen approaching retirement are invited to participate in the Civilian Employment Assistance Program as outlined in CFAO 56-20. Visit your BPSO or Base Education Officer for further details.



Drugs and alcohol- their effect on Industry

"As Chairman of the Workmen's Compensation Board, I am concerned about the serious problem of drugs and alcohol and their effect on industry. Both labour and management are aware that the problem is growing, but they have little idea of its extent and even less information on what to do about it.

To help find solutions to this problem the Workmen's Compensation Board is sponsoring a special seminar on Drugs and Alcohol at -

**The Bayshore Inn
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January 28 and 29, 1972**

The conference is sponsored in co-operation with The Alcoholism Foundation of British Columbia and The Narcotic Addiction Foundation of British Columbia.

Leading authorities from across Canada and the United States will address the sessions.

I urge employers and labour representatives to attend this important two day seminar."

Cyril White

CYRIL WHITE, CHAIRMAN



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ARMED FORCES ROUNDUP '71



Refuelling and re-supply at sea, both in southern and Arctic waters, keeps ships at sea for longer periods during maritime operations. Refuelling the destroyers Margaree and Assiniboine off the Puerto Rican coast last winter is the supply ship Preserver. (CF Photo)



High above Norway's Arctic Circle, Canadian troops take advantage of Norwegian Army transport to move equipment and supplies up the rugged mountains during Exercise Pigmy Chief last February. They were testing their role as the Canadian-assigned battalion group to Allied Command Europe's mobile land force. (CF Photo)



Supplies and equipment are offloaded from a Canadian Forces Yukon transport aircraft in Calcutta to aid Pakistani refugees. Boeing 707 transports have since replaced the Yukon. (CF Photo)

The Canadian Armed Forces reached the 100-year milestone in 1971, facing up to a succession of challenges from the mudslide disaster of Saint-Jean Vainne, Que., to air evacuation of refugees caught in the Indian-Pakistani strife.

While continuing to refine its operational efficiency in Canada's northland and on both sides of the Atlantic, it also took on a host of other supporting chores, from an onslaught of Bertha worms to a penitentiary riot.

It was also a year of deeper incursion into the Arctic, more mapping, charting and surveillance, bridge and northern airstrip construction, a defence White Paper, and all the while challenging youth to "go with us," but admonishing that "you have got to be good to get in."

There were also spring floods, forest fires, oil spills, air shows, forward strides in bilingualism and biculturalism, student and winter employment programs the usual pomp and ceremony for tourists, and the first step towards pay parity with the civil service of Canada.

It was quite a birthday.

Despite the ongoing process of trimming down to a manpower level of 83,000, the forces still demonstrated vigor and flexibility in meeting and performing problems and assigned tasks.

The defence White Paper, published in August, confirmed the forces' priorities enunciated by the Prime Minister April 3rd, 1969, when four main roles were identified.

They were the surveillance & protection of Canada's territory and coastlines; the defence of North America in co-operation with U.S. forces; the fulfillment of such NATO commitments as may be agreed upon; and performance of such international peacekeeping roles as we may from time to time assume.

To comply with the White Paper's first priority, Canadian territory beyond the 60th parallel receive increased attention. Long-range, Argus aircraft patrols over the Arctic were intensified, and CF-5 aircraft were tested extensively in the region.

Meanwhile, ground forces continued with Exercise New Viking, a program designed to train troops to live, move and fight in the north under summer and winter conditions. This year, for the first time, representatives of allied forces joined Canadians in the exercise.

In activities at sea, ships probed ever deeper into Arctic waters, and successful re-supply operations for destroyers were carried out north of the Arctic Circle.

Between May and August, the Arctic coast from Coppermine, north of Yellowknife, to the Melville Peninsula, was surveyed for the production of more than 300 tactical maps.

The decision also was taken to man the Melville radar station and control centre, replacing U.S. personnel. It is now part of the Canadian-manned Pine-tree Line, backing up the DEW Line for locating and identifying overflying aircraft in North American air space.

Large-scale land exercises staged during the year included Pigmy Chief in Northern Norway. Involved was a Canadian infantry battalion group assigned to Allied Command Europe's mobile land force.

At home, Exercise Running Jump saw the staging of the largest training manoeuvre since armed forces integration in '64. More than 5,000 men from the sea, land and air elements took part, with the aim of testing Canadian capabilities in the defence of NATO's northern European flank. It also marked the first time that the force had ever assembled in one location.

Meanwhile, the Canadian NATO formation in Europe, the 4th Mechanized Battle Group, won wide acclaim from independent observers for its professionalism and operational efficiency in multi-nation exercise.

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That's the way seasoned military observers summed up troops of Canada's 4th Mechanized Battle Group after seven weeks of fall manoeuvres in West Germany.

Asked by a U.S. news correspondent who were the best troops serving in Europe, an American colonel said "the answer to that one is very easy, I'm afraid. Too easy. It's the Canadians."

The evaluation, according to press reports, came at the end of a 10-day series of manoeuvres in southern Germany. It went on to say that the sheer professionalism of Canadians showed through to the acute discomfiture of other elements taking part.

The report also indicated that 6 men were killed and more than 150 injured in the 10-day exercise. It added that "Canadian troops, in the field for nearly 50 days, suffered no casualties."



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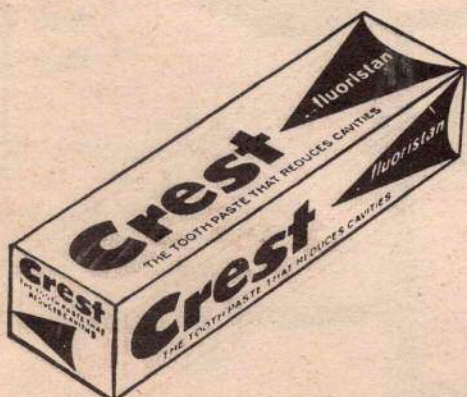
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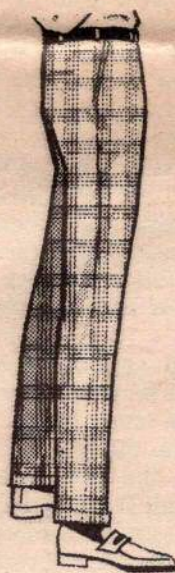
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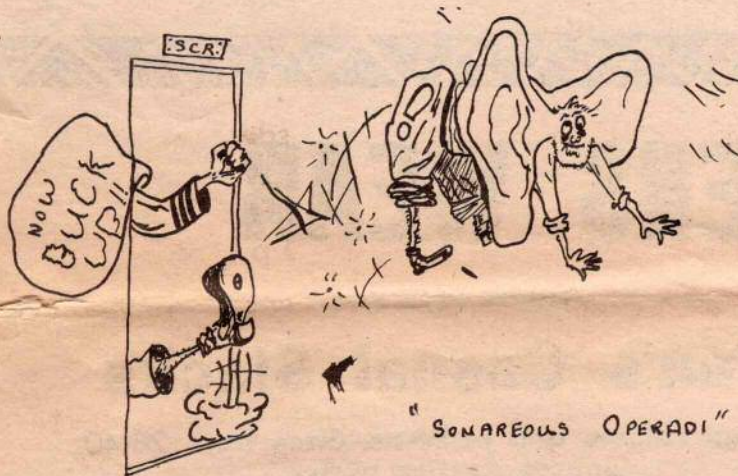
Receiving the Anti-submarine Proficiency Award from Rear Admiral R.H. Lerr is left to right — Capt. (S) J. Kilner, MWO (S) R. Fitzpatrick, Lt. Col. (S) Rodocanachi. (Photo by Cpl. G.A. Arnold)

The crew of HMCS Qu'Appelle piled up a smashing victory to win the much coveted "Anti-Submarine Proficiency Award".

Her proud "Ping Merchants" put it all together in the last cycle and emerged as Canada's

deadliest ship. When one considers that their competition includes the east coast as well, it's no wonder the ships compare beams with invincible pride.

WELL DONE QU'APPELLE.



Presented to Lt. Col. Rodocanachi by the ships sonar teams with the following remarks: "This is how the Proficiency Award was really won"

WORK POINT WAFFLE

by Capt. J.D. MacDonald

With the New Year I thought I would change the format of the (almost) bi-monthly submission to the Lookout from the PPCLI. In place of the various articles I had formerly beaten my colleagues over the head to obtain I plan to submit a pot pourrie of information and hopefully entertaining, remarks concerning the activities of the pongos from Work Point—no, we don't really mind being called that name. In fact, on many occasions, it is much easier to use than 'Land Element'.

The Christmas and New Year's activities at Work Point started on Wednesday, December 22nd with the Annual Men's Christmas Dinner held in the Men's Mess. As usual, WO Menzies and his cooks produced a Christmas Dinner that would make the Galloping Gourmet envious. MCPL Ernie Grant presided over the pre-dinner presentation of "achievement awards". To the select group that were presented with "awards" this year, I offer my sincerest condolences. Better luck next year!

On New Year's Eve 3 formal balls were held and from the comments I've heard all 3 were a great success. Perhaps the best part of the entire evening and the festive season was the accident-free record of the battalion. Fortunately, the "drive-home" service provided by transport platoon was utilized.

I offer here a note of thanks to the cooks, mess staff, drivers and the many others who worked New Year's Eve to enable the rest of us to enjoy the evening.

During the "slack" period between Christmas and New Year's the local Militia units located at the Bay Street Armouries utilized the facilities at Work Point for a week of concentrated training.

Over 140 militiamen underwent 5 days of training in drill, small arms, map using, fieldcraft and the many other skills required in the Land Element.

Several unit Infantry Pay Level Four courses were completed prior to Christmas. Mortar, Anti-tank Surveillance, and Communicator courses ended on 21 December. The Assault Pioneer and Driver courses will be concluded during the 2nd and 3rd week of January.

In the continuing effort to earn our bucks, the battalion commenced winter indoctrination training on January 6th.

Unlike our compatriots of Maritime Command, who need only to sail into the Strait of Juan de Fuca to do their thing, we must go in search of snow.

During the rest of January the battalion, or various elements of it, will head north to practice their skills in a white environment.

The test of their abilities will be a 3 week Combat Group exercise in the Chilcotin Valley in the B.C. interior in February.

For those readers familiar only with the summertime family camping trips the only advantage I can think of that might entice you to want to join us is a definite lack of black flies & mosquitoes.

I was very pleased to read and hear about some of the plans to change the Lookout. I must admit that when the paper first appeared I gave it only a cursory glance, but as more and more editions kept arriving at my office and my home, I fell into the habit of reading it in total—although I have missed that one line concerning the deadline for the next edition on several occasions. The opportunity to inform servicemen and families on the base, and throughout the forces, of our activities on a regular basis is limited, with the exception of this paper. I hope that all of the units on the base, and individuals will use the pages to keep us posted concerning their activities.

I hesitate to tell the new editor how to run the paper. In fact, I won't tell him as my qualifications in the newspaper field are limited to reporting for 3 PPCLI for the last 6 months. But I won't hesitate to ask everyone on the base to submit articles to the paper.

When I started writing this article 10 cigarettes and 3 cups of coffee ago, I didn't intend to crusade for anything; I intended only to inform and perhaps entertain. Now that I've thumped the desk top thoroughly, I think it is time that I wished all of the readers a Happy and Successful New Year.

Mechanical Sparks

Sparks produced when ferrous alloys are struck by hard substances are actually tiny particles torn from the metal and heated to incandescence by impact, friction, and oxidation. Sparks of this general nature can carry enough heat to ignite fibers, dust, or flammable vapours. Mechanical sparks from tramp metal are especially hazardous in cotton mills, pulverizers, grinders, and pneumatic systems. Sparks from ferrous metal tools can be dangerous in hazardous atmospheres.

Check for:

- Stock contaminated with tramp metal
- Absence of magnetic separators
- Absence of nonferrous fan blades in pneumatic conveyor systems
- Passage of stock through fans
- Failure to use spark-resistant tools (aluminum-bronze or beryllium-copper alloys, lead hammers) in hazardous atmospheres.

DND Fire Service — CFB Esq.

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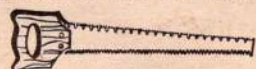
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SPORTS NEWS

BADMINTON CLUB

It is proposed that CFB Esquimalt form a Base Badminton Club. All interested personnel are urged to submit their names to the Base Gym, loc. 1578.

First night of play will be 1900-2100 hrs. Wednesday, Jan. 19th, 1972.

The Base representative team for the Regional playoffs will be selected the week of February 21-25. These club nights will be good practice for the play-offs.

SQUASH CLUB

A meeting of all squash players interested in forming a Base Squash Club will be held in the Base Gymnasium Conference Room at 1900 hrs., Tuesday, January 18th, 1972.

BROOMBALL LEAGUE

All personnel interested in forming a Broomball League contact the Base Gymnasium at local 1578.

Canada's Military Finest Ambassadors

LAHR, Germany — Canadian journalists visiting service bases overseas return home often writing that Canada's finest ambassadors are its military forces! If this is so, then curlers serving with Canada's NATO forces in Germany must rate high in the list of image builders.

Canada's 5,000-man force in Europe operates two curling clubs. The Rhine Valley in Lahr and the Schwarzwald in Baden-Soellingen, located in the heart of West Germany's Black Forest. Both clubs confidently lay claim to being not only among the most active, but certainly Canada's best internationally-known curlers.

With the season barely underway they have already won 3 top European curling events. The World Tournament of Champions, was held to mark the opening of the Sportshallen Arlesheim near Basel, Switzerland. In this tournament a rink skipped by Corporal Russ Ward of Lower Sackville, N.S., had to beat not only most of the European champions but Danny Fink's world-beating rink from Canada. A few weeks ago Sergeant Bill Baxter of Winnipeg, Man., and his rink went on to win the Zähringen Trophy at Berne, Switzerland. Corporal Al Greter of Regina, Sask., completed the hat trick by skipping a rink that captured the Johnnie Walker Germany International Gold Plate at Oberstdorf, Germany.

Other members of Greter's winning rink were MCpl Scanzell of Carleton Place, Ont., Corporals Al Law of Morden, Man., and John Inglis of Victoria, B.C.

In addition to gaining those 3 new trophies Canadian Forces curlers in Europe are currently holders of Europe's four most coveted curling awards. The prestigious Johnnie Walker 2,000 guinea Gold Plate won at Aviemore, Scotland; the Crystal Trophy from Zurich, Switzerland; the Paris International Trophy and West Germany's Anchored Trophy.

To provide ice time for the 250 teams that actively play in the regular leagues and cope with a schedule of almost weekly bonspiels, both clubs operate close to a round-the-clock operation.

"Aside from the leagues and spiels" explained RVCC President Capt. Glen Archibald of Nanaimo, B.C., "both clubs provide excellent recreation value to units and schools, who use it daily as part of their recreation programmes."

The Rhine Valley Curling Club's 1971 Men's International is scheduled for March 17-25, 1972. This four day 96-rink marathon is considered to be Europe's biggest and best bonspiel outside of the World Championships, which this year will be held at Garmisch, Germany.

Curlers estimate that Canadians will host more than 200 international curling teams at Lahr and Baden before this season ends, and it is expected that an even larger number of Canadian rinks will play at curling clubs throughout Europe.

Save That Hunting Licence



That's a man on the left and a moose on the right. Funny? Not when every hunting season in British Columbia brings injury or death to hunters who have been mistaken for game animals. The man in this case is Paul Presidente, co-ordinator of the hunter training, conservation and outdoor safety program of the Fish and Wildlife Branch. Presidente reminds hunters that successful completion of the program and the passing of an examination becomes mandatory on April 1st, 1972, for all resident hunters 14 years of age or older applying for a hunting licence for the first time, and all resident hunters aged 14 to 18 regardless of whether they have previously held a hunting licence.

One thing the statistics show, deflating some arguments, is that young hunters cannot be collectively blamed for hunting accidents. The average age of hunters in British Columbia who have inflicted injury or death on themselves or others is 26.9 years.

Nevertheless, the Fish and Wildlife Branch has accumulated some pretty cold statistics.

Fifty-six people have died in British Columbia from 1968 to 1971 from accidents involving firearms.

This year, to date (Dec. 10) there have been 15 fatalities while hunting, including 11 by firearms. The total number of deaths while hunting in 1971 is about the same as the previous 3 years, but the number caused by firearms has increased to 11 as compared to 5 in 1970, 8 in 1969, and 8 in 1968. The other deaths were caused by such accidents as falls and drownings.

The Fish and Wildlife Branch is making a determined effort to reduce the accident rate. They feel that the hunter training, conservation and outdoor safety program conducted by Presidente who managed an outdoor safety course for many years, must not only be mandatory but comprehensive as well.

The program, which now has 754 instructors and has graduated 2,844 students, is designed to capture the interest of anyone who enjoys the outdoors. There are 43 student courses in progress.

The 20-hour course deals with wildlife management and legislation; identification of birds fish and animals, and their habitats; care of firearms and gun handling, sportsman responsibilities, caring for game meat; safety, first aid, and survival. "The Ten Commandments of Safety" are considered essential knowledge for all persons heading outdoors with a gun.

"The more we understand the outdoors and practice the rules of safety, the better off we'll be," explains Presidente. "And it might prevent that terrible realization that you have fired upon and injured or killed another person."

Program Aims At Safety More Enjoyment In Hunting

The report is terse: "Victim mistaken for game — moose. 50 yards — quick shot. Killed fellow hunter. Age 31". Why did it happen?

"They're trigger happy," says Paul Presidente, co-ordinator of the hunter training, conservation and outdoor safety program of the Fish and Wildlife Branch. "They are moving through the bush with butterflies in their stomachs. They are so keyed up that at the first sight or sound of something — bang!"

The answer?

"They must be more familiar with their weapons, with their own abilities and limitations, with the animals and birds they are hunting, and with the outdoors generally. Only then can they develop the recreational potential that hunting provides; they can be relaxed and keep their cool. They'll be sure of their target. They won't make that quick shot."

Instituted in 1969 on a voluntary basis, the hunter training conservation and outdoor safety program has been conducted in co-operation with outdoor organizations & school board night school classes.

However, on April 1st, 1972, successful completion of the program and the passing of an

examination will become mandatory for all resident hunters 14 years of age or older applying for a hunting licence for the first time, and for all resident hunters aged 14 to 18 regardless of whether they have previously held a hunting licence.

Also on April 1st, gun licences will become necessary for all non-hunting use of firearms in the province. "Again, there is a two-fold purpose," says Presidente. "Safety, of course, but also the enhancement of hunting as a recreation."

"The gun licence is for those who don't hunt but enjoy 'plinking'—and it also includes organized target shooting. The requirements for obtaining gun licences will be the same as those for obtaining hunting licences."

There are so many variables in compiling statistics on hunting accidents, says Presidente, that they are difficult to assemble and give meaningful portrayal. For instance, of the more than 154,000 licenced hunters in the province in 1971 how many actually went hunting? How often? In what concentration? With what experience? In what type of terrain and weather conditions? With what firearms? For what game? He feels that all these factors have a bearing on a hunter's safety record.

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December 19th

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1st—Mr. Joe Wright, 261 Meade
2nd—W. Harvey, 249 Meade

3rd—Mrs. Sandra Roberts, 258 Lascelles

Director of Community Council — Chairman Pierre Brunet

Judges — Mr. G. Bulmer, School Principal; Major Yadiusiak, R. C. Padre; Mr. J. Collinge, Park Business.

H
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The son of Mr. and Mrs. John E. Renaud of CFB Cold Lake, Alta., received the names Michael Edward at a ceremony of Baptism held in St. Andrew's Chapel on October 19th, 1971. Officiating was Chaplain H. A. Mortimer.

Angela and Lynn were the names given to the infant daughter of Mr. and Mrs. Joel Wayne Peppar at a Christening Ceremony held in HMCS Cowichan on November 28th, 1971. Chaplain F. Johnson officiated.

At St. Barbara's Chapel on November 7th, 1971, Chaplain R.B. Cope Christened the infant daughter of Sgt. & Mrs. Garry J. Stevens, 824 Selkirk Ave. Names given were Lisa Liane.



The marriage of John Gordon Walker, HMCS Qu'Appelle and Joan Mary Anne Archibald was solemnized on December 10th, 1971 in St. Andrew's Chapel. Chaplain W.J. Bingham officiated.

A wedding was solemnized in the Chapel of St. Andrew on December 10th, 1971 when Robert Allen Carter was married to Shannon Rae Perry. Chaplain H.A. Mortimer officiated.

The Chapel of St. Andrew was the scene of a wedding ceremony between Frederick Gilbert Hickey and Brenda Marilyn Robinson on December 11th, 1971. Chaplain W.B. Taylor officiated.

Donald Charles Cato and Marilyn Ann Collins were united in the bonds of Holy Matrimony at a ceremony conducted by Chaplain W.J. Boland in Christ The King Chapel on December 11th, 1971.

Glynis Ann Beck became the bride of Barry John Proseillo at a ceremony held in Christ The King Chapel on November 20th 1971. Chaplain W.J. Boland officiated.

The marriage of Norma Lee Eckhardt and Gordon James Scheerschmidt was solemnized on November 20th, 1971 in St. Barbara's Chapel, Work Point Barracks. Chaplain R.B. Cope officiated.

A wedding was solemnized in St. Christopher's Chapel, Work Point Barracks on November 23, 1971 when Robert Bruce Stewart was married to Beverly-Ann Howe. Father Robert Hoggarth officiated.

The Chapel of St. Andrew was the scene of a wedding ceremony between Jacques J.N. Dion of HMCS Yukon and Susan Hazel Fry on November 20th, 1971. Chaplain H. A. Mortimer officiated.

Royal Roads Annual Carol Service



A tradition of many years is the cadets annual carol service. This year a traditional service of carols and lessons was held on the quarter-deck. It is the one time, that all the members and their families of the college community come together.

The Christmas carol programme was under the general direction of Padre Alex Wakeling and the choir leader was Miss Ansley McQuarie, assisted by Senior Cadet S. Robertson.

The entire ensemble also spent one evening singing carols for veterans at the D.V.A. Hospital and the Protestant Chapel, Belmont Park.

(Photo by Len Walling)

Please Don't Tell Me That Your Not A Religious Man

By Chaplain Reg. Brown

I've heard it so often, "Well I'll tell you Padre, I'm not a religious man". I have now come to the point where I simply don't believe it, and when I hear those words I almost automatically assume that the man is in fact more religious than most people, and certainly more religious than he thinks. If he has come to that conclusion then it probably is an indication that he has been doing some serious thinking about the subject.

My definition of religion covers everyone, including those who actively oppose the idea of religion. The word means 'to bind fast' and so a religious person is one who adheres to something, and that includes everyone.

There are at least four basic ingredients of the religious man:

1—He has some relation to 'Ultimate Reality'. One of the Psychological needs proposed by the late psychologist Dr. S.R. Laycock was that every man has a need 'to come to terms with the Universe. Everyone has done some thinking about our genesis, the meaning of life and our destiny; questions about 'Ultimate Reality'.

2—He has a sense of ethics, of right and wrong. He realizes that in life there must be 'rules' to live by. There is in human nature a sense of oughtness. Even the man who thinks there should be no rules, and says that he has no feeling of right or wrong is saying that this is the right way to live.

3—He is related to community. The Christian has his church as a special religious community.

But everyone is related to a community of some sort. "No man is an island".

4—He has a Messiah or Saviour. The Christian sees Christ as the Saviour. The Chinese Communists see Mao as their Saviour. Everyone has some idea of a Messiah; someone, some method, or some Government which will 'get us out of the mess we are in', and usher in Utopia.

Get the idea? We are all religious people by virtue of the fact that we are people. The question is not whether or not religion has a place in our lives. The question is which religion describes best the truth of things which one will bring satisfaction to our rationale of the Universe, and which one will bring fulfillment to one's deepest longings. For me the Christian religion fills the bill.

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Council Meeting

January 16th has been designated for the first Council meeting in Belmont Park for 1972.

Two of the items on the agenda will be the new year's budget and preparation of plans for May Day.

I'm sure that Mayor Lawrence would like to have your views so why not turn out in force and tell him how we want our money spent? When you stop and think about it, if you don't voice your opinion when it's asked for, it really isn't fair to voice it after a decision has been reached, or worse still, after the function is completed. Keep in mind that our council is only as good as the people's support—or opposition, for that matter.

This year looks as though it will be a busy one. Of course, we don't have Centennial to think about, thank heavens, but we do have local problems that are more pressing.

For one thing, I'd like to see Belmont Park cleaned up. It should be an offence to strip down a car and leave it rotting in one's driveway. We, as taxpayers, are being levied thousands of dollars for highway beautification in areas we'll never see, so why not exercise the same policy on a local basis. Also residents should be responsible for the road in front of their quarters as well. Last year I had no less than 7 flat tires while doing my thing in the Park. If you see broken bottles or street light fixtures outside your door, for you child's safety, if for no other reason, sweep it up. It makes good sense.

If we hire someone, as for instance our dog-catcher, that drains money from OUR funds. I'll be at the meeting, how about you?

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I Have Nothing To Wear

Conversion of the regular force to the CF service dress uniform was recently completed and has almost entirely eliminated the admixture of service dress uniform encountered at the commencement of the conversion program. Accordingly, it is now possible to standardize the uniform and the accessory items and insignia worn. A high standard of personal appearance is also a requisite.

Dress rules and aims in the application of existing dress shall be adhered to. Specific items are listed and detailed in the following paras for the guidance of all concerned.

Effective January 1st, 1972, uniform, accessories and insignia to be worn by the regular force are:

A—(1) SVC dress, with the exception of those personnel exempted by limitations in time to serve, regular force personnel shall wear the CF SVC dress uniform.

(2)—Mess dress; The former SVC patterns of mess dress uniform continue to be worn by those now in possession.

B—Headresses authorized to be worn with CF uniform are the approved patterns of:

- (1)—CF SVC dress, peaked cap.
- (2)—Green beret (optional item—CF pattern)
- (3)—Green Wedge Cap (optional items—CF pattern)
- (4)—Black fur pile winter cap (when available—CF pattern)

C—Authorized footwear is the Black Leather Blucher or Balmoral style shoe with black socks, the issue pattern black overshoe may be worn as required together with black leather dress gloves, lined or unlined.

D—Only the authorized patterns of the CF overcoat and raincoats shall be worn.

E—Uniforms, clothing and insignia worn by the women SVC shall be as presently authorized.

F—Badges-Insignia: only the authorized badges and insignia shall be worn, special note is to be made of the following:

(1)—Badges of rank or appointment—Cpl badges reverted to 2 chevrons only as of October 1st, '71. Former CF patterns with maple leaf included may be worn until supply of the revised design is available. The single chevron badge with maple leaf formerly worn by Pte L4 (career status) has also been superseded and all Pte L4 shall wear a single chevron badge only. Metal/enamel badges of rank shall be worn on the collars of shirts and raincoats by men. The armlet now worn on the CF shirt with appropriate embroidered badge shall cease to be worn when the metal/enamel badges of rank are issued. A distinctive badge for the appointment as Command Chief Warrant Officer is authorized and in wear. The CWO badge is the CWO design with two sprays of laurel added below.

(2)—Classification/qualification badges: only the patterns of wings and other qualification badges now authorized shall be worn on CF uniform in accordance with the present rules. Authorized designs of the CF specialist/qualification badges are now approved and are to be worn in gold wire embroidered patterns on CF uniform.

(3)—Nameplates: wearing of the plastic nameplate on CF SVC dress uniform is mandatory except that they shall not be worn on ceremonial occasions. Formal functions when CF SVC dress uniform might be worn without medals are ceremonial occasions for the purposes of this instruction. Only the black and white plastic pattern nameplate may be worn on CF SVC dress uniform.

(4)—Command badges: The badge of the command to which the individual belongs shall be worn on the uniform jacket and shirt, when the insignia are issued.

(5)—Cap and collar badges: Cap and collar badges of approved designs and patterns only shall be worn.

(6)—Buttons: the approved designs of the CF button are the only patterns permitted to be worn on the CF uniform jacket.

PERSONAL APPEARANCE:

A—SVC Dress uniform and accessory items shall be kept neat, clean and well pressed, shall fit in the concept described and shall be the authorized design in either the lightweight or heavyweight fabrics approved for wear.

B—Boots and shoes shall be kept clean and polished.

C—Hair on the head and face shall be neat, tidy and trimmed in keeping with instructions issued on the subject locally. Excessive length of hair on the face or head shall not be permitted. Sideburns shall be straight cut and shall not exceed mid-ear length.

Specifically prohibited items, insignia and accessories; the items listed in this para shall not be worn with CF SVC dress uniform:

A—Headress—the combat cap. Scarlet, black and maroon berets, CF work dress peaked caps, all former SVC patterns of headress and cap covers.

B—Aircraft and other badges—former patterns of navy, army or air force qualification of specialists badges not specifically authorized.

C—Trial patterns—items of CF uniform issued for test purposes from time to time to selected personnel, 1966 to 1970 and which were subsequently not approved shall cease to be worn. Items prohibited are trial patterns of peaked caps, fur hats, short sleeved dark green or khaki shirt coats, ceremonial waist belts in green and old gold, overcoats and raincoats, badges of rank in an old gold colour on green and element patterns of collar badges.

D—Nameplates must conform to the authorized design and colour of the black and white clutch fastened pattern.

E—Regimental buttons or other former services insignia not authorized for wear on CF uniform.

The CF patterns of badges of rank are adapted for CF work dress, combat clothing and flying clothing and metal/enamel miniatures are authorized. All badges are being obtained for issue and are:

A—CF work dress—general officers wear CF service dress pattern slippers; Col. and ranks below—badges are in a reduced size embroidered old gold on black, launderable.

B—Combat Clothing—embroidered olive tan on olive green base cloth of designs in a reduced size, launderable.

C—Flying clothing (blue or green)—CF service dress pattern embroidered or nylon braid, sewn on shoulder strap or sleeves as applicable.

Cap Badges: It is emphasized that the interim policy on cap badges has not been changed. The cap badge of the former SVC or component to which the individual last belonged is the badge authorized to be worn until a new badge is approved. Personnel re-assigned or new entry personnel assigned to naval, land or air environments wear the badge of the applicable former SVC or component: new entry personnel who are not assigned wear the metal CF cap badge until assignment is made to a specific group or component having an authorized badge. This policy does not apply to women personnel who shall wear the CF cap badge presently authorized.

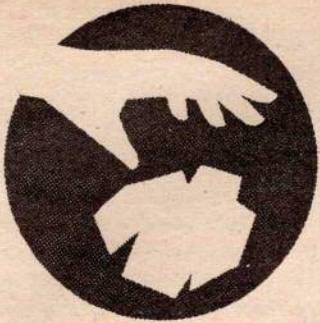
Pay Raises - Mink Hats IT'S A GOOD LIFE



Resplendent in the new regulation mink hat for female members of the Canadian Armed Forces, Corporal (A) Sonya MacDonald of Fredericton, N.B., steps out of the front entrance of CFHQ "A" Building. The new creation is black, dome-shaped with a bauble on top. It also has knitted, black jersey ear flaps which may be tied under

the chin. An order of 3100 was turned out by a Montreal firm, made from the tail of mink pelts, not normally included in the tailoring of coats. It costs \$15.43 and issue has been completed across the country. The corporal is an administrative clerk at the CFHQ Administrative Unit. (CF Photo)

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litter
is just as dirty
as anybody
else's



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CF-5 To Venezuela

OTTAWA — The sale to Venezuela of 20 CF-5 aircraft, together with associated program support in equipment and training, has been confirmed by Industry, Trade and Commerce Minister Jean-Luc Pepin, and Defence Minister Donald S. Macdonald.

Eighteen of the aircraft will come from current stocks in the armed forces inventory and will include 16 CF-5A single-seaters, and two CF-5D dual models to facilitate early training in Venezuela. They will be replaced in the Canadian Forces by 18 new CF-5D models to be produced by Canadair in Montreal. The company will also produce two new CF-5D's for Venezuela.

The project will result in substantially increased employment for Canadair and other Canadian aviation suppliers.

Because of a new advanced training role assigned to the CF-5's, as announced in the recent

defence White Paper, more of the dual models are required. The CF-5's replace aging T-33 Silver Star jets in this role.

Earlier, the defence department had planned to convert single-seat CF-5's to dual status, at a cost of approximately \$10 million. The new arrangement will still require a defence expenditure of this amount, but will result in significantly greater production for the Canadian aerospace industry, and corresponding new employment.

Production is expected to begin in the near future, and will go on for 3 years. Delivery of the new dual-seat CF-5D aircraft to the Canadian Armed Forces will begin toward the end of 1973.

A total of 115 CF-5 aircraft were brought for the defence department in 1968. They included 89 CF-5A's and 26 CF-5D models.

A MATELOT'S FAREWELL To His Tot ...

YOU SOOTHED MY NERVES AND WARMED MY LIMBS
AND CHEERED MY DISMAL HEART;
PROCURED MY WANTS OBLIGED MY WHIMS—
AND NOW IT'S TIME TO PART.
MID ENDLESS PERILS OF THE DEEP
AND MISERIES UNTOLD
YOU SUMMONED SWEET FORGETFUL SLEEP,
COOINED ME FROM THE COLD.
TEN YEARS AGO, THE POUND O'LEAF,
THAT CAST ITS FRAGRANT SPELL
ABOUT THE SHIP, EXPIRED IN GRIEF
AND SADNESS OF FAREWELL.
THO' GUESTS MAY FIND THE PANTRY BARE,
WHENE'ER THEY CHOOSE TO COME
YOUR HOSPITALITY WAS THERE:
A TOT OF PUSSERS RUM.
TWO HUNDRED YEARS AND MORE YOU FILLED
THE STORM TOSSED SAILOR'S NEED.
NOW YOU'VE BEEN KILLED BY SPITE DISTILLED
FROM JEALOUSY AND GREED,
AND PETTY CLERKS WITH SCRAWNY NECKS
WHO NEVER SAW A WAVE,
NOR FELT THE SPRAY, NOR HEAVING DECKS
CONSIGN YOU TO YOUR GRAVE.
ALAS! HOWEVER I PROTEST
TO SAVE MYSELF FROM HURT,
THEY TELL ME THAT IT'S FOR THE BEST—
TO KEEP US ALL ALERT.
AND SO THE TIME HAS COME OLD FRIEND,
TO TAKE THE FINAL SUP.
OUR TEARS ARE SHED. THIS IS THE END.
GOODBYE AND BOTTOMS UP!



Two squadrons recently were committed, on a standby basis, to NATO's northern flank in Norway. An additional role recently assigned is the provision of quick-response photographic reconnaissance over Canada and its off-shore waters.

The aircraft also continues in its original role of providing non-nuclear, tactical support for Canada's ground forces.

It didn't take WO Bert Pinard long to become All At Sea in his new position. Recently drafted to the HMCS Mackenzie, Bert finally succeeded in his life-long ambition of going down to the sea in sips. Quite a change from his comparatively dry (no tots) Lookout position. SINK OR SWIM, BERT!

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